



Help Yourself

SIR-607

Called by Jack Borgström

OPENER - MIDDLE BREAK - CLOSER

You circle left

Love is like candy on a shelf

You want a taste, then help yourself

Left allemande that corner girl, dosado 'round your own

Allemande left and then weave the ring

Just help yourself to my lips, to my arms

Swing your girl and promenade

Just help yourself to the love in my heart

Your smile has opened up the door

FIGURE

Heads promenade halfway

Walk in and square thru get me 4

All the way around and then

A right & left thru and turn the girl

Veer to the left and ferris wheel

You square thru 3 (2, 1)

And then you swing your girl around and you promenade

Just help yourself to the love in my heart

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TAG

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