

Mountain Recordings

Lage Nom Ai

MR-3020

Called by Mark Clausing & Cindy Whitaker



OPENER - CLOSER
Four ladies promenade you go inside the ring
Come back and swing your man
Join hands, circle left
You go moving and walking around that set
Left allemande, weave the ring
Lage nome ai, nome ai (pronounced lah-jay-noh-may)
Swing your girl around and promenade
Lage nome ai, nome ai
He's the man who gave up his own name

FIGURE
Head (side) couples promenade you go halfway around
Come in and square thru four
Go all the way and then do the right & left thru and turn my friend
Veer to the left and the couples circulate
You do a half tag, scoot back and go now
Swing that corner girl and promenade
Lage nome ai, nome ai
He's the man who gave up his own name

MIDDLE BREAK
Sides face grand square
(32 beat musical interlude)
Four ladies promenade you go once inside that ring
Come back, swing your man and promenade that ring
Lage nome ai, nome ai
He's the man who gave up his own name

TAG
He's the man who gave up his own name